

Adult & Teen Challenge

SOBER PEER GUIDELINES



Adult & Teen Challenge (ATC) has joined efforts with Sober Peer, LLC (SP) and Global Teen Challenge (GTC) to make available outpatient and aftercare opportunities to those seeking recovery or continuing their journey of sobriety following the completion of a long-term program. Sober Peer provides ATC centers with the tools necessary to provide an additional resource for communities, churches and other agencies combining efforts to combat addiction in the United States and abroad.

Below are ATC guidelines for centers implementing Sober Peer as a microenterprise business endeavor, community outreach, outpatient treatment, and/or aftercare.

Micro-Enterprise option for ATC Affiliates:

ATC Corporations utilizing the Sober Peer APP, not as a separate nonprofit 501(c)3 corporation, but under the umbrella of ATC, must adhere to the current ATC Accreditation Standards in all relevant and applicable areas including, but not limited to those which protect ATC DNA and identity as a faith-based ministry (Indicator 1.6), implementing a systematic approach to data gathering and student progress (Indicator 3.1), adhering to state and federal labor discrimination laws, including FLSA (Indicator 4.8), and protection of ATC from additional liability (Indicator 4.5). All Sober Peer implementation must be done following a careful review of the 2020 ATC Accreditation Standards available on the National Office staff website at:

<https://staff.teenchallengeusa.org/atc-standards/>

ROLE RECOMMENDATIONS

ATC ACCREDITATION STANDARD 1, INDICATOR 1.6

The Affiliate's staff and regular volunteers are spiritually mature Christians, amiable to the Assemblies of God doctrine, and in full agreement with the Adult & Teen Challenge missions statement, goals, Statement of Faith and Code of Conduct. (Standard 20)

Note: Indicator 1.6 includes contracted associates directly serving clients or program outcomes.

Guides

- ✓ Must agree to and sign an ATC statement of faith and appropriate 1099 Contract.
- ✓ Must provide a written testimony of faith in Jesus Christ.
- ✓ Must have minimum of 12 consecutive months of sobriety.
- ✓ Approved by the Executive Director of the ATC Affiliate for the role.

Life/Faith Coach

- ✓ Must agree to and sign an ATC statement of faith and appropriate 1099 Contract.
- ✓ Must have 24 consecutive months of sobriety.
- ✓ Must provide a written testimony of faith in Jesus Christ.
- ✓ Must be a Certified Life Coach or Peer Specialist with their state of residence.
- ✓ Complete the 8-hour introductory course, "Dynamics of People Helping" offered by the ATC National Office.
- ✓ Must obtain and submit a certificate of professional and general liability insurance, along with workman's compensation insurance to ATC Corporation for which 1099 contracted work is being completed.
- ✓ Approved by the Executive Director of the ATC Affiliate for the role.

Licensed Counselor

- ✓ Must agree to and sign an ATC statement of faith and appropriate 1099 Contract.
- ✓ Must have 24 consecutive months of sobriety.
- ✓ Must provide a written testimony of faith in Jesus Christ.
- ✓ Must be a licensed professional counselor with one of the following valid professional licenses in the state for which they will practice (LPC, LADC, CADC)
- ✓ Must be in good standing with credentialing agency with no disciplinary action pending.
- ✓ Must obtain and submit a certificate of professional and general liability insurance, along with workman's compensation insurance to ATC Corporation for which 1099 contracted work is being completed.
- ✓ Approved by the Executive Director of the ATC Affiliate for the role.

SUBSCRIPTION LEVELS WITH RECOMMENDED SERVICES

GUIDE

Description: Guides welcome new App users to the online community and after collecting basic data and information, make appropriate recommendations to additional resources within the Sober Peer App to help clients begin their journey to recovery. Guides do not offer clients professional advice, provide coaching or counsel clients.

Cost to Subscriber: \$99 a Month paid via the Sober Peer App

Service may include, but is not limited to the following:

- ✓ Text and SMS support
- ✓ Sober Peer Community Support, including SP App hosted chat.
- ✓ Client selected “trigger” geofencing with limited accountability support
- ✓ Guide provides next-step guidance to available resources within the App

COACH

Description: In addition to the services offered by a Guide, Faith/Peer Coach subscriptions includes the addition of individual mentoring and supplemental support offered to clients. Faith/Peer Coaches provide a higher level of intervention services by utilizing Sober Peer Surveys & Metrics to make recommendations based on client provided data. Coaches may not diagnose clients or provide treatment plans, but must refer clients to a counselor should these services be recommended.

Cost to Subscriber: \$180 per Month paid via the Sober Peer App

Service may include, but is not limited to the following:

- ✓ Text and SMS support
- ✓ Sober Peer Community Support, including SP App hosted chat.
- ✓ Client selected “trigger” geofencing with accountability support
- ✓ Sober Peer Metrics Reports (SPMR) with Intervention, Analysis and Recommendation capabilities from a Certified Life/Peer Coach
- ✓ Facetime video conferencing, optional.
- ✓ 1:1 mentoring and support (it is recommended that 15-minute weekly micro-sessions are utilized) with a Certified Life Coach with experience successfully coaching individuals to recovery who have a history of substance abuse or other life-controlling problems.

LICENSED PROFESSIONAL COUNSELOR

Description: Licensed Counselors provide all the services of a Coach with the addition of professional counseling sessions, diagnosis, and treatment plans. Counselors are licensed professionals with certified credentials who adhere to HIPPA laws regarding confidentiality and treatment. Counselors are limited to providing services only to clients who reside in states where the counselor is licensed.

Cost to Subscriber: \$300 per Month paid via the Sober Peer App

Service may include, but is not limited to the following:

- ✓ Text and SMS support
- ✓ Sober Peer Community Support, including SP App hosted chat.
- ✓ Client selected “trigger” geofencing with accountability support.
- ✓ Sober Peer Metrics Reports (SPMR) with Intervention, Analysis and Recommendation capabilities from a Certified Life/Peer Coach
- ✓ Facetime video conferencing, optional.
- ✓ 1:1 sessions, totaling 1-hour per month (it is recommended that 15-minute weekly micro-sessions are utilized) with a Professional Counselor with one of the following credentials: LPC, CADC, LADC.



INSURANCE

Prior to accepting clients, contracted workers & volunteers utilizing the Sober Peer App under an ATC Organization should have the following liability coverages in place:

1. General Liability: Minimum coverage of \$1,000,000
2. Professional Liability: Minimum coverage of \$1,000,000
3. Workman's Compensation Insurance: \$500,000/\$500,000/\$500,000

IMPORTANT: The purchase of additional Insurance limits is highly recommended for contracted (IRS-1099) workers utilizing the Sober Peer app for personal monetary compensation due to expanded liability associated with interaction with a high-risk population in an online environment . ATC staff and volunteers fulfilling these roles for an ATC affiliate through ATC microenterprise efforts should confirm with the ATC Corporation that the Affiliate's insurance is adequate to provide coverages for these extended duties. If not, additional liability coverage must be secured by the ATC Corporation to cover Sober Peer activity before allowing volunteers and/or staff to obtain clients on behalf of the ATC Corporation.

Adult & Teen Challenge would like to thank our partners Global Teen Challenge and Sober Peer, LLC for their efforts and contributions in helping our organization fight addiction by putting hope within reach of every addict.





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